



讓食農教育變有趣教學體驗推動實務

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摘要

推動食農教育過程中「有趣」是一個重要的要素。有趣的課程能夠激起參與者的好奇心與參與度，讓要傳達的訊息能夠充分傳達。經過多次的教育課程我們發現讓參與者直接參與其中比起單方面提供訊息更能讓參與者感到有趣。此外，若將課程賦予任務與目的，我們發現參與者會更主動想了解且更投入其中。林口有機村的農夫以生產者的角度設計相關食農教育課程，讓參與者在參與生產的過程中了解食物的價值。課程中參與者直接參與一整個作物的栽培期，並且與農夫以接力式的方式共同生產作物，參與者需要執行生產工作如：種植、除草、施肥、採收等，而農夫接力過程中的管理。最後收成的作物除了分配給參與者，也依每一次的任務目的對收成的作物進行處理（如：作為學校午餐的食材、校園與公司義賣或捐至弱勢團體的物資等）。目前，這樣的課程受到很好的回饋，也持續進行中。

關鍵字：食農教育、農作物生產、栽培體驗

Make Food and Agricultural Education An Interesting Teaching Experience and Promote Practice

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Abstract

"Interesting" is an important element in promoting food and agricultural education. Interesting courses can arouse the curiosity and participation of participants, so that the message to be conveyed can be fully conveyed. After many educational sessions we found that it was more interesting for participants to be directly involved than to provide information unilaterally. In addition, if the course is given tasks and purposes, we found that participants will be more proactive in wanting to understand and more engaged in it. At Linkou Organic Village, farmers design food and agricultural education courses from a producer's perspective, enabling participants to grasp the value of food while actively participating in the production process. In the course, participants directly participate in the entire crop cultivation period and work with farmers to produce crops in a relay manner. Participants need to perform production work such as planting, weeding, fertilizing, harvesting, etc., and the farmers manage the relay process. In addition to distributing the final crops to participants, the harvested crops are also processed according to the purpose of each task (such as as ingredients for school lunches, charity sales at campuses and companies, or donations to disadvantaged groups, etc.). Currently, such courses have received good feedback and are ongoing.

Keywords: Food and Agricultural Education, Crop Production, Cultivation Experience

