



當季美味得來速黃金筍的食農教育

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摘要

黃金～筍在食農與教育融合的過程中，如何推行當季？當日得來速的效率？綠竹筍就是黃金筍，在經營有機黃金筍時，我們需要採用什麼樣的心態呢？參與並推動食農教育，找回五十年前的農業栽培方式，就是這次轉職的衝動。陸續地在農場的食農教育內容，加入「永續循環」、「惜食減碳」、「共食公益」、「腳踏實地」、「安全健樂」等現代的五種元素。農場推行有機定義為全程有機並一步一腳印的回饋大眾，藉由綠竹循環利用，減少外部費用的產生，來執行有機食農教育，用吃喝玩樂來看黃金竹（筍）的一生。「食」是農民站在消費者的觀點求有機，「農」是跟竹子本身一樣能彎得下去就能長出好筍的思維去實（食）踐，「教」是不分年齡，來農場體驗挖當季筍、吃當季筍、煮當季筍、樂當季竹，共學共好。「育」是惜食，義賣，用竹子來教育永續循環及觀老理念，將這樣的理念從學校到家庭再到企業，再從公司往下給員工再帶回家庭，也是食農教育的最終。期待八里的黃金筍能永續留存，更期待一個一個的年輕人可以加入筍筍動人的行列。

關鍵字：食農教育、當季食材、有機農業、循環農業

Food and Agricultural Education on The Delicious Drive-Thru Oldham Bambooshoot in Season

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Abstract

In the process of integrating oldham bambooshoot with food, agriculture and education, how to promote it in season? How efficient is the drive-thru on the same day? What kind of mentality do we need to adopt when operating organic oldham bambooshoot? Participating in and promoting food and agricultural education and get back the agricultural cultivation methods of fifty years ago are the impulses of this career change. Five modern elements such as "sustainable recycling", "food wisely and reduce carbon emissions", "eating together for charity", "down to earth" and "safety and happiness" have been added to the farm's food and agricultural education content. The farm implements the definition of organic as being organic throughout the entire process and giving back to the public step by step. It uses oldham bamboo recycling to reduce external costs, implement organic food farming education, and watch the life of oldham bamboo (shoots) through eating, drinking and having fun. "Eating" means farmers seeking organic products from the perspective of consumers, "Farming" means putting into practice the idea that they can be bent like bamboo itself to grow good bamboo shoots, and "Teaching" means coming to the farm regardless of age. Experience digging seasonal bamboo shoots, eating seasonal bamboo shoots, cooking seasonal bamboo shoots, enjoying seasonal bamboo shoots, and learning together. "Education" means cherishing food, charity sales, and using bamboo to teach the concepts of sustainable recycling and caring for the elderly. It is also the concept of food and agricultural education to spread this concept from school to family to company, and then from the company to employees and then back to their families. Finally, I hope that the oldham bambooshoot in Bali can be preserved forever, and I also hope that young people can join us in the future.

Keywords: Food and Agricultural Education, Seasonal Ingredients, Organic Agriculture, Circular Agriculture